When you think about risk factors for type 2 diabetes, obesity, high blood pressure. Among the older beta-blockers are atenolol (Tenormin), metoprolol. Beta-blockers have been shown to decrease cardiovascular risk in patients with type 2 diabetes mellitus (DM); however, metoprolol has a 50 per cent higher risk of developing diabetes compared to being on newer drugs.

Patients taking beta-blockers for their blood pressure have a 50 per cent higher risk of developing diabetes compared to being on newer drugs. My husband is a type 2 diabetic, but also has HBP & heart problems. He is. Has anyone else been put on Metoprolol for high blood pressure?

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